



MOVING 101:

Preparing early can help reduce the stress that often goes along with moving. Here is a checklist of things you may want to think about ahead of time, in order to facilitate a smooth move.

Move Date: _____

6-8 WEEKS BEFORE

✓	TASK
	Call for estimates from several professional movers or truck rental companies. Get written estimates from at least 2 moving companies. Ask for and check references.
	Begin to “clean house” and “clear the clutter”. Get rid of any items you don’t wish to move. Don’t move what you don’t want or need.
	Organize unwanted items for donation pick up or prepare to sell items in the Classifieds or hold a Garage Sale.
	Collect moving supplies (boxes, paper, tape, felt markers) if you’re packing yourself. Your moving company may sell you boxes that they will “buy back” from you at a discount rate – a good way to recycle and save on costs.
	Start making travel arrangements (flights, hotel, car rental) if necessary.
	Create a moving folder to keep all receipts for moving related expenses. Many expenses may be tax deductible.
	Transfer Property Insurance <ul style="list-style-type: none"> • On current property: Insure until possession date • On new property: Insure on completion Check with insurance company to see how possessions are covered during the move.
	Canada Post - Complete change of address and mail forwarding requests.
	Make storage arrangements if necessary.
	Notify schools and make arrangements for enrollment in new schools district if necessary. Or change address for moving date.

4 WEEKS BEFORE

✓	TASK
	Notify communication companies (home phone, cellular, internet and cable services). See page 5.
	Notify other utilities (ie. Terasen Gas). See page 5.
	Transfer, resign or change address with club memberships.
	Reserve elevator if moving in/out of a building. Confirm moving date with building manager.
	Prepare auto registration for transfer (if moving to another province) or change mailing address.
	Hold garage sale and finalize pick up dates for charities.
	Arrange for alarm system to be switched, cancelled or changed to new location.

2 WEEKS BEFORE

✓	TASK
	Notify financial institutions and financial advisors of your address change. Order cheques with your new address.
	Cancel newspaper delivery.
	Change your address with magazines or other subscriptions.
	Notify any creditors or charge accounts of your move (don't forget department stores).
	Send change of address cards to friends and contacts. (see Canada Post)
	Change address with Driver's License & Auto Insurance.
	Change address with Medical Insurance (MSP)
	Change address with Doctor, Dentist, Vet & other medical professions.
	Change address with Frequent Flyer Programs.
	Change address with Accountant.
	Change address with Lawyer.
	Change address with CCRA.
	Change address with Employers.
	Change address with Community Centre, Church, Daycare & Babysitters.
	Arrange for house cleaners for your home after move out date.
	Arrange to have locks changed at new property on moving day.

THE DAY BEFORE

✓	TASK
	Dismantle beds and other furniture to be moved in pieces.
	Set aside anything that will travel in your car so it will not be loaded in the moving truck.
	Pack your “open first box” with items you’ll need first at the new house.
	Confirm arrival time of your moving truck/company.

MOVING DAY

✓	TASK
	Turn down thermostat at old home.
	Keep phone connected or have cell phone in case you need to contact your movers, babysitter etc.
	Have locks changed in new home.
	Arrive at your new home before the movers to instruct them as to where to place boxes and furniture.

MOVING DAY – OPEN FIRST BOX!

✓	DON'T FORGET – PACK A SEPARATE BOX TO OPEN UP FIRST IN YOUR NEW HOME. CLEARLY MARK BOX WITH “LOAD LAST” FOR THE MOVERS.	
	First aid kit	Paper towels, J cloths
	Instant tea, coffee	Kleenex & Toilet Paper
	Juice boxes & snacks for kids	Kitchen & Bathroom cleaners
	Toys & books for small kids	Pet food
	Hand soap & towels	Hammer, pliers & screwdriver
	Light bulbs	Garbage bags
	Flashlight	Camera
	Portable radio	Scissors

FOR YOUR REFERENCE

Company	Phone	Internet address
BC Hydro	604-224-9376	www.bcydro.com Click on “Moving” in the middle column of the home page.
Big Brothers	604-876-2447	www.bigbrothersvancouver.com NOTE: They will pick up clothing and small household items from your doorstep.
Canada Post	1-800-866-6301	www.canadapost.ca Click on “change my address” in the left hand column. Become a registered user and move your mail for 6 months. Cost approx. \$35 online. Or visit: www.smartmoves.ca
Craigslist		www.vancouver.craigslist.org NOTE: A good source to sell your unwanted items.
Government BC		www.addresschange.gov.bc.ca BC residents can use this website to change their address for provincial services such as drivers license and MSP
Government of Canada	1-800-959-8281	www.cra-arc.gc.ca Click on “change your address” in the left column under “Individuals”.
Rogers	1-866-246-3866	www.rogers.com
Shaw Cable	604-629-88888	www.shaw.ca Click on Customer Care (in the menu bar). Click on “Shaw Easy Move” on the left hand side.
Telus	(604-310-2255 Say “move”	www.telus.com Click on “Moving?” on bottom, left-hand corner of the home page
Terasen Gas	1-888-224-2710	www.terasengas.com Click “start, stop or move on the bottom, left-hand corner of the home page. NOTE: Give advance notice (no later than 2 days before moving) to avoid being charged after you move.
Moving & Storage Companies		
Bekins	1-866-761-6402	www.bekinsmoving.com
Ferguson Moving & Storage	604-987-0269	www.fergusonmoving.com
Salmon’s	604-273-2921	www.salmonstransfer.com
Williams	604-941-9411	www.williamsmoving.com

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